

## REDISCOVERY CAMP: Supply Checklist:

Please contact us if you require assistance with any items on this list.

Age 13-18 14 days	Age 9-12 10 days	NOTE: Be sure to wrap your gear so it will not get wet. Remember this is the Pacific Rainforest. Give preference to quick drying fabrics)
10	5	Pairs of light pants (rugby or sweats); no jeans or cords
9	5	Sets of underwear
8	4	T-shirts
8	5	Pairs of socks
4	2	Pairs of wool socks
2	2	Long sleeved shirts
2	2	Warm wool sweaters
1	1	Bathing suit or shorts
1	1	Wool toque
1	1	Pair of high top runners or hiking boots
1	1	Pair gumboots – <b>absolutely necessary (wear on boat)</b>
1	1	Sleeping Bag (have packed in waterproof bag)
Toiletries:	Tooth brush and tooth paste; Wash cloth and 1 thin towel; Hair brush or comb; Shampoo, 1 bar of soap in a waterproof container; sunscreen	
Rain gear	Please ensure that your child has the appropriate rain gear	
Back pack*	You will be traveling by boat out to T'aalan Stl'ang from Massett and luggage is not suitable due to limited space and the one-mile hike through the forest. Please contact Rediscovery if you require a proper camping backpack. One can be loaned to you. On return from camp please be prepared to transfer your child's clothing and supplies into another bag at the dock as the Back Pack must be returned immediately to Rediscovery staff for use by other participants.	

Things **NOT** to bring: *(these items will be confiscated)*

- Any type of electrical device, i.e. cell phones, music players, handheld game devices etc.
- candy, chips or any other form of “junk food”
- Reading materials, books, magazines, comics etc.
- Tobacco
- Knives, weapons
- Toiletry products with perfumes and chemicals. We restrict the amount of chemicals entering our precious ecosystem. Please bring only natural or organic personal hygiene products.
- Aerosols